

The Swimmer's Ear

Mason Manta Rays

www.masonswimming.org

6-4-09

PRACTICE CHANGES

Friday 6/05 National, Blue, Green, White: Normal Practice; **All Other Groups:** No Practice.

Saturday 6/06 National: 8:00am-11:00am; **All Other Groups:** No Practice.

Week of Monday 6/08 thru Friday 6/12 All Groups: Normal Practice; **National:** Additional Morning Practice (M,T,W,Th) 7:30am-10:00am; **Platinum:** Additional Morning Practice (M,T,W,Th, F)8:00am-10:00am; **Varsity:** Additional Morning Practice (T,W,F) 6:30am-8:00am.

Wednesday 6/10 Bronze: 6:15pm-7:45pm; **Blue:** 7:15pm-8:30pm.

Monday 6/22: White & Green No Practice due to Group Picnic (see attached flyer)

Please see the practice schedule online for the spring and summer schedules.

The pool will be set up in the 25-meter configuration starting June 15.

CAC SUMMER CLASSIC AT MIAMI UNIVERSITY:

The Manta Rays will be heading to Miami University on June 5-7, 2009, for this 3 day, timed final meet. All participating Manta Ray swimmers must wear athlete deck passes. Each groups' coaches will be handing out deck passes the week of the meet. Meet information, directions, psych sheet, Manta Ray entries are on the web site. **Each group's coaches have been handing out deck passes at this week's practices.**

IMPORTANT: NEED VOLUNTEER HOURS? - We are being required by the host team to provide timers for this weekend's CAC Summer Classic. The sessions and the number of timers needed for each session are: Friday PM - 2, Saturday PM - 2, Sunday AM - 2 and Sunday PM - 2. Please make plans to volunteer. All hours worked can be counted towards your family's Manta Ray volunteer hours.

Warm-ups:

Friday PM - Warm-ups: 1:45pm; Meet Start: 3:15pm

Saturday AM - Warm-ups: 6:45am; Meet Start: 8:15am

Saturday PM - Warm-ups: 2:00pm; Meet Start: 3:15pm

Sunday AM - Warm-ups: 6:45am; Meet Start: 8:15am

Sunday PM - Warm-ups: 12:45pm; Meet Start: 2:00pm

OPEN WATER CHAMPIONSHIPS

This event will be taking place on Wednesday, June 24th at East Fork Lake. **The sign-up deadline for this meet is JUNE 10th.** The first draft of the entries has been e-mailed out and are posted online. This is a fantastic competition for our team and provides a day at the beach for our swimmers AND our families!

VOLUNTEER OPPORTUNITY: We are looking for someone to coordinate putting together a team area while at the meet. This person(s) will assign each practice group to bring different items such as ice, drinks, side dishes, etc. If you are interested, please contact Coach Ken at kheis@masonoh.org or 229-8599 ext 5515. Each age group coordinator will be e-mailing their group this request.

MEET ENTRIES POSTED ONLINE FOR ROLLING HILLS

Please check the entries for both of these meets online. *If you would like to make any changes*, please e-mail Coach Todd tblhimer@masonoh.org by 5:00 p.m. on June 10.

SENIOR 15 & OVER STATE CHAMPIONSHIPS TEAM TRIP: CHAPERONES NEEDED

This summer we are going make the Senior State Meet a team trip if enough people are interested and we have enough chaperones. We plan on chartering a bus leaving on Thursday and returning on Sunday night.

There will be a select group of swimmers attending Senior Sectionals who will leave on Friday to join the team on the rest of the trip. We will be staying in on-campus housing & eating breakfast and lunch in the new dining hall. If you are interested in attending, please return the Honor Code, Release Forms, Event Sign-up, & Check by June 10. If you are interested in chaperoning, please e-mail Coach Sullivan at SullivanM@mason.k12.oh.us to sign-up. Chaperones will only need pay for the cost of their food. This should be a great trip! We will have more details about the trip once we know how many swimmers can attend. **Please see the attached details.**

WHITE & GREEN PICNIC ON JUNE 22: SEE ATTACHED FLYER FOR DETAILS!

**Mason Manta Rays
City of Mason Parks & Recreation
Office: 513-229-8555 ext. 5515
www.imaginemason.org
www.masonswimming.org**