

The Swimmer's Ear

Mason Manta Rays

www.masonswimming.org

6-17-09

PRACTICE CHANGES

Friday 6/19: Varsity, National, Platinum: 8-10 a.m. (for those not going to the meet).

Monday 6/22: White & Green No Practice due to Group Picnic (see attached flyer)

Please see the practice schedule online for the spring and summer schedules.

The pool will be set up in the 25-meter configuration starting June 15.

NORTHERN KENTUCKY CLIPPER DAVID WEBB MEET

This prelim/final meet at the Silverlake Recreation Center in Erlanger, KY, is this weekend. Meet information and entries are posted at the pool and on our web site. All swimmers who make finals are expected to swim. Parents will not be allowed to drop swimmers off at the pool. Everyone has to take the shuttle. Please see online for details on where to park. For more information, please visit the team web site.

Special Notes:

1. Everyone swimming the 1500 must provide their own timer and counter.
2. Timers are needed for the following sessions:
 - Friday PM - 4
 - Friday Evening - 2
 - Saturday AM Prelims - 2
 - Saturday PM Prelims - 4
 - Sunday AM Prelims - 2
 - Sunday PM Prelims - 4
3. Please review the letter from the host team above.
4. No swimmer dropoff will be permitted at Silverlake. Please see parking and shuttle map above.
5. Team T-Shirt:
 - Friday - Gray
 - Saturday - White
 - Sunday - Green

Team Warm-ups:

Friday PM (13&over) -

Warm-ups: 11:45am; Meet Start: 1:00pm

Friday Evening (12&under) -

Warm-ups: 5:15pm; Meet Start: 6:30pm

Saturday AM Prelims (13&over) -

Warm-ups: 7:45am; Meet Start: 9:10am

Saturday PM Prelims (12&under) -

Warm-ups: 12:35pm; Meet Start: 1:45pm

Saturday Evening Finals -

Warm-ups: 5:00pm; Meet Start: 6:25pm

Sunday AM Prelims (13&over) -

Warm-ups: 7:45am; Meet Start: 9:10am

Sunday PM Prelims (12&under) -

Warm-ups: 12:35pm; Meet Start: 1:45pm

Sunday Evening Finals -

Warm-ups: 5:00pm; Meet Start: 6:25pm

ROLLING HILLS MEET THIS WEEKEND

The Rolling Hills Meet is a prelim/finals meet with prelims taking place on Friday, June 19. The 11 & overs swim in the morning and the 10 & unders swim immediately afterwards. If you signed up for the meet (either day) then Todd entered the swimmer into the meet.

Special Notes:

1. **IMPORTANT NOTE** - The meet is large - 600 swimmers. There are 250 swimmers in the AM and 350 swimmers in the PM. Warm-ups will be crowded, but the estimated finish is 8:00pm. Younger swimmers are being asked not to arrive before 1:15pm to help with parking.
2. Team T-Shirt:
 - Friday - Gray
 - Saturday - White

Team Warm-ups:

Friday Prelims (11 & over) -

Warm-ups: 7:30am; Meet Start: 8:30am

Friday Prelims (10 & under) -

Warm-ups: 1:30pm; Meet Start: 2:15pm

Saturday Finals (All Ages) -

Warm-ups: 7:30am; Meet Start: 9:00am

OPEN WATER CHAMPIONSHIPS NEXT WEDNESDAY

This event will be taking place on Wednesday, June 24th at East Fork Lake. **The sign-up deadline for this meet is JUNE 10th.** The first draft of the entries has been e-mailed out and are posted online. This is a fantastic competition for our team and provides a day at the beach for our swimmers AND our families!

VOLUNTEER OPPORTUNITY: We are still looking for someone to coordinate putting together a team area while at the meet. This person(s) will assign each practice group to bring different items such as ice, drinks, side dishes, etc. If you are interested, please contact Coach Ken at kheis@masonoh.org or 229-8599 ext 5515. Each age group coordinator will be e-mailing their group this request.

SENIOR 15 & OVER STATE CHAMPIONSHIPS TEAM TRIP UPDATE

This summer we are going make the Senior State Meet a team trip. We have 44 swimmers and nine chaperones attending this meet. We will be staying in on-campus housing (apartments) & eating breakfast and lunch in the new dining hall. This should be a great trip! We will have more details about the trip very soon.

WHITE & GREEN PICNIC ON JUNE 22: SEE FLYER ON WEB SITE FOR DETAILS!

Mason Manta Rays
City of Mason Parks & Recreation
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www.imaginemason.org
www.masonswimming.org